

# Palliative Care 10-minute Sessions for Personal Care Attendants



Join us in MS Teams for some short, sharp 10-minute sessions about Palliative Care. These sessions are specifically designed for Personal Care Attendants.

**October 2024 to March 2025**

**Where: Online via MS Teams**

**When: Tuesdays | 2.30pm for ten minutes**



Self-care after bereavement	Tuesday	29 October 24
What is palliative care?	Tuesday	12 November 24
What does pain look like?	Tuesday	19 November 24
De-mystifying morphine	Tuesday	26 November 24
Eye care at end of life	Tuesday	3 December 24
Mouth care at end of life	Tuesday	10 December 24
Pressure care at end of life	Tuesday	4 February 2025
Hygiene care at end of life	Tuesday	11 February 2025
Breathlessness and secretions	Tuesday	18 February 2025
Terminal agitation	Tuesday	25 February 2025
What does dying look like?	Tuesday	4 March 2025
Self-care	Tuesday	11 March 2025

No need to register, just join us in MS Teams using the link below at:

**2.30 pm on Tuesdays!**

**Microsoft Teams**

**[Join the meeting now](#)**

Meeting ID: 458 209 660 236

Passcode: EbCCJT



EMRPCC



Grampians Region  
Palliative Care Consortium



Barwon South Western Region  
Palliative Care  
Consortium



Loddon mallee  
regional palliative care consortium



Gippsland Region  
Palliative Care  
Consortium



HUME REGION  
Palliative Care  
Consortium



NORTH AND WEST  
METROPOLITAN REGION  
PALLIATIVE CARE CONSORTIUM



SMRPCC

For more information, please contact [tanja.bahro@smrpcc.org.au](mailto:tanja.bahro@smrpcc.org.au) or [penny.fletcher@smrpcc.org.au](mailto:penny.fletcher@smrpcc.org.au) or see the website <https://smrpcc.org.au>.