



EXPANDING THE THERAPIST TOOLKIT AND CREATIVE INTERVENTIONS

WORKSHOP OVERVIEW

Grief has the capacity to affect an individual psychologically, physically, spiritually, cognitively and emotionally. Sometimes traditional 'talk' therapy is not enough. This workshop will provide you with an experiential sampling of different therapeutic interventions that you can use in your work with clients.

By experimenting in a safe learning environment with truly innovative approaches to grief and loss therapy, professionals will gain new-found confidence to experiment with different strategies that can then be added to their therapeutic toolkit. This will further help them to develop individualised programs for their clients; therefore, helping their clients to gain perspective on their loss and the ability to move forward with their grief journey.

LEVEL

Advance (5 plus years)

WHO IS IT FOR

Counsellors, psychologists, social workers, bereavement counsellor, palliative care loss and grief coordinators working in the Hume Region.

LEARNING OUTCOMES

- Identify and describe a range of 'non-traditional' therapeutic interventions that may be useful when working with the bereaved.
- Work in a more creative way with clients.
- Work with increased confidence with clients using a broader range of interventions.
- Develop an understanding of when and with which clients to implement different creative strategies.

DATE/TIME

Wednesday 14th April 2021 from 12.00pm – 3.00pm.

This workshop will be delivered via online platform.

Workshop link will open at 11.45am.

Book your ticket via <https://trybooking.com/BPTAC>

FEE

\$56.00 (inc gst)

PRESENTER BIO

Christopher Hall, CEO, Australian Centre for Grief and Bereavement.



For the past 25 years Christopher Hall has held the position of Director and Chief Executive Officer of the [Australian Centre for Grief and Bereavement](#). He is a psychologist specialising in grief and bereavement.

Chris was elected President of the Association for Death Education and Counseling in 2015. In 2007, he was elected to the Board of Directors of the International Work Group on Dying, Death and Bereavement and served as chair from 2010-2013. He currently serves as the Secretary/Treasurer of the work group.

The Association for Death Education and Counseling in 2018 awarded him the ADEC Service Award for his commitment to the field and advancing the study of dying, death and bereavement.

Chris is a Fellow of the Australian Institute of Management. Chris is also an Honorary Fellow of the Department of Psychiatry at the University of Melbourne. He serves as the Editor of the journal *Grief Matters: The Australian Journal of Grief and Bereavement* and is a former Associate Editor of *Death Studies*. In 2010 Chris was appointed to the Coronial Council of Victoria.

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ENQUIRIES CONTACT

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